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### [It's Christmas time in the city](#)

An almost balmy Saturday afternoon greeted customers in downtown Mt. Pleasant as the city's Christmas celebration was well underway.

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## [Central Michigan’s Abbey Kelto breaks school record in 5,000-meter run at SVSU Holiday Classic](#)

SAGINAW — Abbey Kelto continued her outstanding senior season by breaking the school record in the 5,000 meter run in a time of 16:41.27 at the SVSU Holiday Classic.

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## [Sound Check: Gavin Rossdale lends his “Voice” to new Bush album](#)

We’ve grown used to seeing Bush founder Gavin Rossdale on rock ‘n’ roll stages since the group’s six-times platinum debut “Sixteen Stone” came out 20 years ago.

- [Little Big Town found pleasure making “Pain Killer”](#)
- [Sound Check: Lisa Loeb shows “Stay”ing power](#)
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## [Kati Mora: Say Goodbye to Holiday Food-Stress](#)

Despite the joy and merriment the holiday season often brings, an increased level of stress is often part of the package. Although there are many different ways to relieve stress, turning to food is frequently one way to do just that. Unfortunately, stress-related eating often has us grabbing for foods that are not necessarily the most nutritious. Instead, we tend to seek out foods that give us pleasure – foods that taste great and tend to be rich in fat, sodium, or sugar. During the...

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The agricultural sector of Gratiot County is of enormous importance.

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## **Union Township voices support for LGBT equality following House religious freedom bill**

By [Randi Shaffer](#), The Morning Sun

Posted: 12/05/14, 12:59 PM EST |

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Union Township wants its residents to know it will not tolerate discrimination against them in any way, shape or form.

The township unanimously approved a resolution supporting the inclusion of LGBT individuals in the state's Elliott-Larsen Civil Rights Act.

“The citizens want this,” Mt. Pleasant resident Norma Bailey said during public comment. “We just happen to have a legislature that hasn't got that figured out yet.”



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The Elliott-Larsen Civil Rights Act, passed in 1976, prohibited discriminatory practices against the religion, race, color, national origin, age, sex, height, weight, familial status or marital status of an individual.

Trustees noted the timing came shortly after the Michigan House of Representatives passed its Religious Freedom Restoration Act, which aims to allow individuals to practice their faith in peace.

Trustee Phil Mikus said that the resolution was passed to let the state legislature know that Union Township would like to see laws passed to close the gap across the state that exists when it comes to providing justice for everyone, including the LGBT population.

Mikus said that after the House approval of the religious freedom bill, it isn't likely that the legislature will seek to modify the Elliott-Larsen act this year.

However, he said, he would like to see it "on the record" that Union Township supports the changes now rather than later.

"(We want to) remind the legislature where Union Township stands," Mikus said.

Trustee Bryan Mielke said the decision was a "no-brainer," and he would like to see the board send the resolution to the state capitol, including House, Senate and Governor's offices.

Residents at Thursday night's meeting were overwhelmingly in favor of the resolution and thanked the board for their quick work on putting it together.

A round of applause followed the decision to pass the resolution.

"It'll eventually make a difference," Bailey said.

The city of Mt. Pleasant will consider the passage of a similar resolution at its Monday night meeting.

**About the Author**





Randi Shaffer has been the Isabella County reporter for the Morning Sun since 2012. An alumna of CMU, she is in the process of obtaining her MSA degree. Obsessions include hockey, yoga and vegetables. Reach the author at [rshaffer@michigannewspapers.com](mailto:rshaffer@michigannewspapers.com) .

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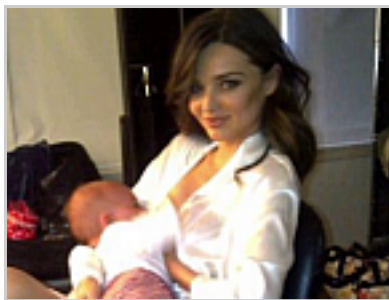


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